Sabbath Day Truth

What day is the Sabbath Day?

One very controversial subject among Christians today is God's Seventh Day Sabbath. Some Christians are not even aware that the Sabbath is Saturday.

The Bible tells us in Daniel that a persecuting power would change God's laws which it did – the Seventh Day Sabbath became the first day sabbath without God's approval. The book of Daniel also refers to this change of God's law by the antichrist power as reaching to the host of heaven and trampling the heavenly sanctuary under foot. We find the same expression used in Hebrews chapter ten in reference to wilful sin.

Hebrews 10:26-29 "For if we sin WILFULLY after that we have received the knowledge of the truth, there remains no more sacrifice for sins, ... He that despised Moses' law died without mercy under two or three witnesses: Of how much sorer punishment, suppose you, shall he be thought worthy, who has trodden under foot the Son of God, and has counted the blood of the covenant, wherewith he was sanctified, an unholy thing, and has done despite unto the Spirit of grace?"

This passage warns us that there remains no sacrifice to cover wilful sin and to continue in wilful sin is to trample the Son of God under foot and to treat Christ's work on the cross as an unholy thing despite being under grace. This is a warning we should take very seriously.

The change to the Sabbath day came about over hundreds of years and by the death of millions of Christians. This is another fact that most Christians are unaware of. Select the following to watch a typical true story of the death of a Sabbath keeper by burning.

Why is the Sabbath truth rarely taught?

If these points are true, why don't we hear more pastors teaching them? If the Sabbath is Saturday, then why don't the majority keep the true Sabbath day? How could the majority be wrong and even more to the point, do we still have to keep the Seventh day Sabbath at all? Revelation 13 tells us that Satan would give position and authority to the persecuting power described in Daniel that changed God's law. Why do you think Satan did this? This power that persecuted the saints for 1260 dark years murdered anyone found keeping the Seventh day Sabbath according to the Commandment of God. Anyone that had a different view to this persecuting power was considered a heretic and heretics were to be burned. As a result, the Sabbath truth was nearly murdered out of existence and since most Churches originated from this persecuting power, most Churches now ignorantly keep the wrong day they instituted. The final change to the Sabbath day was in the fourth century but note that the change originated from Satanic and pagan sun worship as early as 2000 B.C. Remember that Satan was responsible for all of this and did not go to all this effort for no reason.

Since the majority grow up with Sunday worship as their custom, it becomes very much a mind set and people are also very reluctant to accept change or alter their lifestyle. Saturday is also a day that is not convenient for most Christians and so sadly, most would rather not know truth and go into denial. Because of these factors, even when a pastor is presented with the Sabbath truth, it becomes

difficult to both accept and see. This instantly gives the enemy the upper hand as he now just whispers in your mind, "the day does not matter. If it mattered everyone would know about it and would be keeping Saturday." Sadly, all too many listen and never investigate and Satan continues to be victorious in keeping Christians ignorantly breaking one of the Commandments of God. Billy Graham was said to have acknowledged the Sabbath truth but stated, "If I were to teach this truth, I would lose most of my listeners." Jesus said we are to both obey and teach the law and one cannot sacrifice truth at any cost. The enemy has gone to extreme lengths to make sure the Sabbath truth is not taught or believed and continues to go to extreme lengths and deceptions to keep us ignorant of this truth. Knowing he has done this, Christians should realise that it is very relevant and extremely important we know why. For example, how important is sin to God?

Many say the Sabbath was changed to Sunday in honour of the resurrection and others say it was nailed to the cross. Others will tell you any day can be kept as the Sabbath day as long as you keep one. And still others say as long as you do everything to the glory of God the Sabbath is as good as kept. And yet still others will say it is legalism. Worst of all, and this is becoming more popular by the decade, some say the Ten Commandments are gone. Never underestimate the enemy's ability to slowly and subtly bring heresy into the Church and make those with the most Biblical truth to get labelled falsely as cults or legalists. It should be obvious that Satan will always attack truth the hardest and sadly he has no trouble finding those he can deceive to accomplish his task very convincingly. The fact of the matter is that what is popular is not always truth and what is truth is not always popular.

Since the Sabbath is one of the Ten Commandments that defines what sin is, why wouldn't Satan attack this one Commandment that is the easiest one to attack and do everything in his power to ensure that it does not get recognized or taught so he can get many to live in lawlessness? If one truly studies this and checks it with unbiased history, you will in fact find that Satan has achieved this goal and because most Christians do not study the Word and tend to rely on what their friends or pastor tells them, the lie continues to be perpetuated.

What is the Sabbath Day about?

Our Creator God starts off the fourth Commandment with the word "Remember." This is because He knew it would be lost and forgotten. God asks that we keep the Sabbath set apart for Holy purposes so we can draw nearer to Him. The Fourth Commandment to remember the Sabbath concludes the section of the Ten Commandments that specifically helps define a proper relationship with God, how we are to love, worship and relate to Him. It explains why and when we need to take special time to draw closer to our Creator. It is also a special sign between us and God forever, that it is Him that sanctifies us; Him alone who we belong to and worship. The Sabbath, the Seventh day of the week was set apart by God as a time of rest and spiritual rejuvenation. So why is this Commandment so frequently ignored, attacked and explained away by so many Christians? Could it be because the challenges to the Sabbath Commandment are views generated by the ruler of this present evil world? After all, this being wants us to accept these views because he hates God's law. He does all he can to influence us to ignore, avoid and reason our way around it. On our calendar the Sabbath begins at sunset Friday evening and ends at sunset Saturday evening.

Those that keep the true Sabbath day say that it is a blessing and their favourite day of the week. The Sabbath is quality time with family and relaxing and fellowshipping with God and other Christians. Jesus said we are to not only obey the Ten Commandments but teach them also yet some people are doing the opposite. Why are these people so determined to take this blessing from those who keep the Sabbath properly, and in the way Jesus intended and not like the Pharisees who turned it into a legalistic burden? What spirit is behind this? Why do so many professed Christians try so

desperately hard to avoid this special time with their Creator God on His Holy day? The Sabbath should be our favourite day of the week and it is for those who have searched for the truth on the Sabbath and found it. God says we are to find this day a delight and a blessing. God did not say we should call it legalism or a burden!

Isaiah 58:13-14 "If you turn away your foot from the Sabbath, from doing your pleasure on my holy day; and call the Sabbath a DELIGHT, the holy of the LORD, honourable; and shall honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words: Then shall you delight thyself in the LORD..."

Like all the other nine Commandments, IT IS a Commandment of love and thus loving God with all your heart includes all the first four Commandments. We know this for a fact because right after the second reading of the Ten Commandments in Deuteronomy chapter 5, we are shown in Deuteronomy 6:5 that LOVING God with all our heart, might and soul is to keep ALL the Ten Commandments that had just been read in the previous chapter only 17 verses earlier. That of course makes ALL Ten Commandments eternal. Our God is not a God of confusion that mixes a law that defines what love and sin is with something that is not love or not sin. Whether we understand it or not, to try and find reasons as to why the Sabbath is changed or ended is no different from trying to find excuses as to why it is now acceptable to worship idols or commit murder etc. There is another law found in the Old Testament that was only for the Jews and had ceremonial sabbaths but God did not place His Sabbath in this law. He placed it in the Ten Commandments because that is where it belongs.

The Ten Commandments were written in stone while the ceremonial law was written in a book and hence it was also called the "Book of the Covenant." Have you ever heard the expression "it is not written in stone?" Written in stone means forever. On paper and in a book is temporary. So basically God had two specific laws. One was temporary, written in a book, was not love, only for the Jews, practised because of sin before Christ and why it was nailed to the cross. The other was eternal, written in stone, was love, for everyone, was sin to break and hence was NOT nailed to the cross. Now consider this question very carefully. If the Sabbath of the Lord was temporary and only for the Jews, which law would you place it in? In the temporary law or the eternal law? And is that where God placed His Sabbath? No! God placed His Sabbath exactly where it belonged. He placed it in the law that was love and eternal and for everyone along with the other Nine Commandments that obviously will never and can never end. Since God is not a fool or the author of confusion, then this alone reveals the truth. God makes a distinction between the ceremonial sabbaths and His Sabbath found in the Ten Commandments by exhorting, "But the seventh day is the Sabbath of the LORD your God:" (Exodus 20:10, Deuteronomy 5:14). It is the Lord's Sabbath! It did not belong to Israel. God further clarifies this by calling His Sabbath, "My Sabbaths," as in His weekly Sabbaths, (Exodus 31:13, Ezekiel 20:20) while calling the ceremonial sabbaths that were only for Israel, "Her Sabbaths." Her as in Israel. (Hosea 2:11, Lamentations 1:7)

If God sent an Angel to tell you that He loves you and sent His only Son to die for you and that He wants you to spend quality time with Him on a specific day that He blessed and sanctified, would you send the Angel back to God with the message, "sorry God, that day is not convenient for me" or "no God, I can't spend that time with you on your Holy day, that's legalism" or even, "tell God that it does not have to be on His Holy day and I will spend time with Him on that day that was used for sun worship that He detested instead." Is that what we would really say? Why is it so hard for us to rest and worship Him on His Holy day?

Many believe that there are only one or two denominations or groups that keep the true Sabbath day when there are in fact over five hundred different denominations of Sabbath keeping Churches that that keep the true 7th day Sabbath and the count is growing. Whole chains of Churches are

changing back after attending Prophecy seminars run by people that have not been deceived by Satan's attempt to keep Christians in the dark on the Sabbath truth or Bible prophecy believing it cannot be understood. Do these hundreds of different Church denominations with millions and millions of members know something that we don't?

Why is the Sabbath important to God?

We have already noted that God intended the Sabbath to be a blessing to us and has asked us to call His Sabbath a DELIGHT, but what else makes the Sabbath so important to God?

Most people understand that it is morally wrong to lie, steal, murder and to worship idols or take the Lord's name in vain etc, but the reason Satan is so successful in keeping so many from the Sabbath truth is because it is easy for him to convince the multitudes it is not important. Sadly, most do not see the Sabbath as important as on the surface breaking the Sabbath does not appear to be morally wrong. The question is; does God see the Sabbath day as being important? If it is important to God then it has to be important to us. Since God made His Sabbath part of the Ten Commandments, it becomes sin to break the Sabbath as sin is breaking any of the Ten Commandments. Sin is the reason Jesus died on the cross for us and it does not get more serious than that. We should know how much God detests sin but what are some other reasons that make the Sabbath so significant?

Exodus 31:13-17 "Speak you also unto the children of Israel, saying, Verily my Sabbaths you shall keep: for it is a SIGN between me and you throughout your generations; that you may know that I am the LORD that does SANCTIFY you. ... 15 Six days may work be done; but in the Seventh is the Sabbath of rest, Holy to the LORD: whosoever doeth any work in the Sabbath day, he shall surely be put to death. 16 Wherefore the children of Israel shall keep the Sabbath, to observe the Sabbath throughout their generations, for a PERPETUAL covenant. 17 It is a SIGN between me and the children of Israel FOR EVER: for in six days the LORD made heaven and earth, and on the Seventh day he rested, and was refreshed."

Ezekiel 20:20 "And hallow my Sabbaths; and they shall be a SIGN between me and you, that you may know that I AM THE LORD YOUR GOD."

The Sabbath is a special SIGN that defines that we are God's children and He is our God that sanctifies us and makes us Holy. It also defines therefore that it is God who we worship and love and give our allegiance to. It is not a SIGN when we keep a secular day and profane God's Sabbath. There is a lot more that could be cited but this should be enough to help you understand why this day is important to God and why it is a sin against God for us to not keep His Sabbath day Holy. Is there anyone who does not want to be part of this SIGN?

Some will say that this perpetual covenant that is a SIGN forever, (Exodus 31:13-17) applies only to the Israel of God and this is correct. The question is; who is the Israel of God? Today there is an Israel of the flesh (1 Corinthians 10:18) and an Israel of God, Galatians 6:16. The Israel of the flesh consists of those who are Jews by birth. The Israel of God is anyone who belongs to Christ and is under the New Covenant. Many do not understand that if we are Christ's then we are spiritual Jews and the Israel of God. If we reject this truth then we cannot be under the New Covenant. Observe who the New Covenant was ONLY made with. This came into effect when the Jews rejected God's message from Stephen (Acts 6:8-7:60) and stoned him. See also Romans 2:28-29, Romans 9:6-8 and Galatians 3:28-29. See also Daniel's 70 weeks and 2300 days.

Hebrews 8:10 "For this is the covenant that I will make with the HOUSE OF ISRAEL after those days, saith the Lord; I will put my laws into their mind, and write them in their hearts: and I will be to them a God, and they shall be to me a people:"

Since the Sabbath is a SIGN that we are God's children, if we reject His Sabbath, then aren't we rejecting God as our Father? And since the Sabbath is a SIGN that it is God that sanctifies us, if we reject His Sabbath, then aren't we also rejecting His sanctification? All God asks from us is one single solitary day in seven. We still have the other six secular days to do as we please. Is one day an unreasonable request from our Creator God? Christians claim to love God with all their heart, might and soul, yet how do most respond? The number seven represents completion and perfection to God and this is the only reason we do have a seven day week. If not for this very special Sabbath day God has given us, we would only have a six day week. If we do not use this Seventh day Sabbath which God blessed and sanctified for this one and only use, what point is there in having this Seventh day of the week? God added this one and only day with this one and only purpose, so we could spend Holy time with our Holy God that is a most beautiful SIGN that He is our God and we are His children. Again, despite this blessing, how do most respond? Believe it or not, I have had enough excuses now to fill an entire book. An appropriate name for this book would be, "The book of excuses for not having to spend time with your Creator God on His Holy day."

How God must grieve every time someone chooses one of these 1001 excuses. Does God know our heart? If we use one of these excuses will God know? Does God know if we don't want the truth about His day because it would be an inconvenience to us? If we use one of these 1001 excuses, can we truly say we love God with all our heart, might and soul? If we do not love God with all our heart, will God accept us into His kingdom?

What are the consequences for not keeping the Sabbath?

The book of James tells us if we break one Commandment we have broken them all. So if the Sabbath is Saturday and if we are supposed to be keeping the true Sabbath day then most Christians are guilty of breaking God's law. The Bible tells us that only a few will find the straight and narrow gate. Was this referring to Christians specifically?

Noah preached for 120 years that a great flood was coming and only 8 were saved. Jesus said that at the time of His second coming it is going to be like in the days of Noah. Why do we only acknowledge what we want to see? God pleads with us as to why we would perish.

Hosea prophesied that God's people would perish for a lack of knowledge which does not sound fair but then he explains it is because they would reject knowledge in regards to the Commandments of God, so He in return would reject them. Considering how many people have rejected knowledge on the Sabbath Commandment, this sadly makes perfect sense.

Hebrews 10:26-29 says there is no sacrifice to cover wilful sin and it is to trample the Son of God underfoot and count the blood of the New Covenant as an unholy thing despite being under God's grace. Jesus says to those who practice lawlessness, He will deny access to the kingdom. So if we are supposed to keep the Sabbath day and are ignorant of this fact, how will we be judged? Would God burn someone in Hell for being ignorant? What about denial?

It appears that everyone has different ideas about the Seventh day Sabbath. When there is so much confusion and conflicting information you know that deception reigns and one seriously needs to investigate to find what the truth really is and especially when the consequences for deliberate sin is to be left out of the kingdom.

Are the Ten Commandments still relevant today?

If something as important as the Ten Commandments were to change by even the smallest amount we would be told with crystal clear scriptures. Most Christians will not debate that nine of the Ten Commandments need to be obeyed but so many freely sweep one under the carpet that becomes too much of an effort for them. Denial of truth of any of the Ten Commandments has only one outcome as far as God is concerned and we do not want that path. Unless black and white scriptures can be produced that says the day has changed or been abolished, then the Sabbath is just as valid as the other nine Commandments and the consequences are the same for deliberately breaking any one of them. Does anyone believe they can freely murder as they please and still enter the kingdom of God?

So do all the Ten Commandments still stand or does the Bible indicate that we can live in wilful deliberate sin? We certainly are saved by God's Grace through faith in Christ, but is this a license to continue in sin? Did Jesus die on the cross to pay the penalty for our sin or so we could go on living in sin? What does the only source of truth that we can trust have to say on this very important topic that nailed our loving Saviour to the cross? Here are the answers put simply by scripture alone while covering the main areas of confusion.

What is the Bible definition of sin? 1 John 3:4. So where there is sin, there has to be a law. Romans 4:15. If there is no law then there can be no sin and if there is no sin then there is no need for a Saviour.

Did Paul say we can sin now that we are under Grace which would therefore show the law had ended? Romans 6:1-2, Romans 6:14-15.

Paul taught on the law and Galatians in chapters 2, 3 and 4 and Romans 3 that no flesh is justified by the works of the law and that righteousness comes by FAITH. Does this therefore mean that the Ten Commandments are made null and void through FAITH? Romans 3:31. So who is justified before God? Romans 2:13.

Did Jesus say He came to do away with the law? Matthew 5:17. Did Jesus say He was going to change the law by even so much as one single letter? Matthew 5:18, Luke 16:17. Did Jesus say we have to teach the law as well as obey it? Matthew 5:19.

Does Jesus say that those who practise lawlessness, which is the breaking of the Ten Commandments, will enter the kingdom? Matthew 7:21-23, 1 John 2:4. So what does Jesus say that one has to do to inherit eternal life? Matthew 19:16-19.

Can we keep just nine of the Ten Commandments and are we judged by obedience to the law? James 2:10-12, Matthew 5:18, Luke 16:17.

So what are the consequences for wilful sin, which is wilfully disobeying even ONE of the Ten Commandments? Hebrews 10:26-29, Ephesians 5:3, 5.

What are the blessings for not living in wilful sin, which is obeying the Ten Commandments in loving obedience? Revelation 22:14.

The passage in Matthew chapter 5 alone proves that not one letter of the law has changed which means that all scriptures used as arguments for ending or changing the Sabbath are being abused or

misunderstood. The answers are indisputable and any other arguments would be in total contradiction to the words of Jesus, Paul and James just to name a few. I think Solomon summed it up well with his final conclusion in Ecclesiastes 12:13-14.

Did Jesus and the early Church keep the Sabbath?

If the Sabbath is an unchanged Commandment, then we should find Paul and the early Church keeping the Seventh day Sabbath. If this can be demonstrated, this would also prove that the Sabbath was not changed or abolished. So can we demonstrate this? We can of course and do in fact find Paul keeping the Sabbath as his CUSTOM was since childhood in a Jewish Synagogue.

A custom is something you do religiously and without failure. What was Paul's CUSTOM and EXAMPLE while establishing the early Christian Church? Notice in the following verse that this is a Jewish synagogue and that Jews have all through history, without change, worshipped on Saturday as they still do today. Acts 17:1-2. The Jews and Pharisees which Paul was since CHILDHOOD have ALWAYS kept Saturday as the Sabbath. Acts 26:4-5.

This is proof conclusive of Saturday Sabbath keeping AFTER the cross and undoubtedly applies to both Jews and Gentiles if wondering. Acts 13:42-44; Acts 18:4. It was not only Paul's custom and example but that of Jesus also and He is our perfect example. Luke 4:16. And unless Jesus is into making meaningless and nonsensical statements, He also clarified beyond all doubt that the Sabbath would definitely NOT end at the cross by His reference to the future destruction of Jerusalem in 70 AD, when he said, "And pray that your flight may not be in winter or on the Sabbath" Matthew 24:20. See also Sabbath in the New Testament.

What day is the Sabbath Day according to the Bible?

Below are statements from the Roman Catholic Church which give the simple answer as to why most Churches now keep Sunday as the Sabbath. Most Christians have no idea that this even happened or how it happened. Revelation 13 tells us that Satan gave his power and authority to the Catholic Church. Why? It was Satan's plan to have this Church change the Sabbath to Sunday. Why did Satan do this? The Sabbath is about who we give our allegiance to. If we obey God and keep His Sabbath day Holy, we give our allegiance to God. If we obey the Commandment of the Catholic Church and keep their day Holy, who do we give our allegiance to then? The Catholic Church answers this question below with two of their quotes. But looking deeper, who gave this Church power so God's true day of worship could be changed? Read Catholic Church Statements about the Sabbath or Roman Catholic Church Seventh Day Sabbath Quotes for more.

Does the Bible support the change to Sunday?

"Most Christians assume that Sunday is the biblically approved day of worship. The Catholic Church protests that it transferred Christian worship from the biblical Sabbath (Saturday) to Sunday, and that to try to argue that the change was made in the Bible is both dishonest and a denial of Catholic authority. If Protestantism wants to base its teachings only on the Bible, it should worship on Saturday." Rome's Challenge

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"For example, nowhere in the Bible do we find that Christ or the Apostles ordered that the Sabbath be changed from Saturday to Sunday. We have the commandment of God given to Moses to keep holy the Sabbath day, that is the 7th day of the week, Saturday. Today most Christians keep Sunday because it has been revealed to us by the [Roman Catholic] church outside the Bible." Catholic Virginian, October 3, 1947, p. 9, article "To Tell You the Truth."

Who Made Sunday Holy?

"Perhaps the boldest thing, the most revolutionary change the Church ever did, happened in the first century. The holy day, the Sabbath, was changed from Saturday to Sunday. 'The day of the Lord' was chosen, not from any direction noted in the Scriptures, but from the (Catholic) Church's sense of its own power...People who think that the Scriptures should be the sole authority, should logically become 7th Day Adventists, and keep Saturday holy." St. Catherine Church Sentinel, Algonac, Michigan, May 21, 1995.

- "Question Which is the Sabbath day?
- "Answer Saturday is the Sabbath day.
- "Question Why do we observe Sunday instead of Saturday?
- "Answer We observe Sunday instead of Saturday because the Catholic Church, in the Council of Laodicea (A.D. 364), transferred the solemnity from Saturday to Sunday." Peter Geiermann, C.S.S.R., The Convert's Catechism of Catholic Doctrine, p. 50, 3rd edition, 1957.

Whose Day of Worship is Sunday?

"They [the Protestants] deem it their duty to keep the Sunday holy. Why? Because the Catholic Church tells them to do so. They have no other reason...The observance of Sunday thus comes to be an ecclesiastical law entirely distinct from the divine law of Sabbath observance...The author of the Sunday law...is the Catholic Church." Ecclesiastical Review, February 1914.

"It is well to remind the Presbyterians, Baptists, Methodists, and all other Christians, that the Bible does not support them anywhere in their observance of Sunday. Sunday is an institution of the Roman Catholic Church, and those who observe the day observe a commandment of the Catholic Church." Priest Brady, in an address reported in The News, Elizabeth, New Jersey, March 18, 1903.

Who Do We Reverence by Keeping Sunday Holy?

"It was the Catholic church which...has transferred this rest to Sunday in remembrance of the resurrection of our Lord. Therefore the observance of Sunday by the Protestants is an homage they pay, in spite of themselves, to the authority of the (Catholic) church." Monsignor Louis Segur, Plain Talk About the Protestantism of Today, p. 213.

"I have repeatedly offered \$1,000 to anyone who can prove to me from the Bible alone that I am bound to keep Sunday holy. There is no such law in the Bible. It is a law of the holy Catholic Church alone. The Bible says, 'Remember the Sabbath day to keep it holy.' The Catholic Church says: 'No. By my divine power I abolish the Sabbath day and command you to keep holy the first day of the week.' And lo! The entire civilized world bows down in a reverent obedience to the command of the holy Catholic Church." father T. Enright, C.S.S.R. of the Redemptoral College,

Kansas City, in a lecture at Hartford, Kansas, February 18, 1884, printed in History of the Sabbath, p. 802. Hover here for a document clip< or select for full original image.

Who really changed the Sabbath?

We know the final change to the Sabbath was by the Roman Catholic Church, but who was really responsible and why? Many of you have probably already worked this out but let's go through it anyway. Beginning with the early Church, Satan failed in his attempt at stopping the Son of God so he turned his attention to the Church. He initially tried to destroy the Church by having all Christians killed, but martyrdom just made the Church grow faster and stronger. Satan soon realised that he could do more damage from within the Church, so he gave the Papacy its power, seat and position. Even though most Christians do not know the importance of the Sabbath day, Satan knows the Sabbath truth all too well and he also knew that it was the easiest of the Ten Commandments to attack, and so put his long term plan into effect. How successful was his plan and who is responsible for his success?

Satan fell from his position because of pride and because he wanted to be worshipped as God. Since no one in their right mind would worship Satan, he knew he could only obtain this worship from within the Church. The Seventh day Sabbath is about whom we worship and it is not a sign that we worship God or belong to Him when we keep the wrong day. Satan's goal was therefore to have his own day of worship instituted in place of God's and while achieving the primary goal of getting Christians away from a very significant Commandment and living in lawlessness. Using the Papacy as his agent, Satan changed God's Seventh day Sabbath to a day in honour of pagan sun worship, hence the pagan name Sunday. Satan also knew that sun worship was something that God detested and was one of the reasons why God allowed His people to fall into the hands of the Babylonians. Satan no doubt had great pleasure in this accomplishment as he would have Christians breaking God's law and not fulfilling the sign of the Sabbath, as well as further upsetting God by taking away His day of worship in place of Satan's and in favour of sun worship which is idolatry. How Satan must clap his hands in glee over this victory that so many have given him.

Christians now assume that Sunday is the correct day and it becomes a mind set as this is what their custom was growing up, and anything different does not feel right and seems foreign. This was Satan's plan from the beginning and sadly, he has been very successful. Today the ruler of this world works very hard at feeding our minds with thoughts that this Commandment is insignificant and Christians who are not wanting to be inconvenienced by change are all too happy to listen. It's time for Christians to stop being deceived and wake up to the fact that Satan was responsible and return to all Ten Commandments of God and this precious SIGN that we are His children and it is our Creator God that we worship. Jesus laid down His life for you, how much of a sacrifice is it for you to change your day of worship?

For a very detailed account of the Sabbath to Sunday change, and how it actually begun 2000 years B.C. with the worship of Satan and the sun, and involves the origin of that mysterious number 666, see who changed the Sabbath to Sunday.

The Sabbath kept from creation to eternity

The Sabbath has existed since creation when God added the Seventh day to the week with the one and only purpose of a Sabbath rest. This is the only reason we have a seven day week today. God also blessed and sanctified this day for Holy use. This was done before sin had entered the World and was part of God's perfect plan. Most Christians do not know that the word translated "rested" in

our English Bibles in Genesis 2:3 is actually "shabath" in the Hebrew and means Sabbath. Here is the word Sabbath right at creation. In reference to the future destruction of Jerusalem in 70 AD, Jesus states in Matthew 24:20, "And pray that your flight may not be in winter or on the Sabbath." This ONE statement alone PROVES that Jesus expected the Sabbath to be kept subsequent to His death. The gospel of Luke states in Luke 23:56 that when the body of Christ was being prepared, "they rested the Sabbath day according to the Commandment." Luke's gospel was written 30 to 50 years after the cross and Luke still shows that the Commandment is unchanged. If it were changed, Luke would have undoubtedly told us since it is one of the Commandments. Isaiah also prophesied in Isaiah 66:22-23 that, "For as the new heavens and the new earth, which I will make ... and from one Sabbath to another, shall ALL flesh come to worship before me, saith the LORD."

In Genesis 4:3-7, Cain brought an offering from the ground which represents righteousness by works and so God was angry with him but Abel brought the firstborn of his flock as a sin offering which represents righteousness by faith. You cannot have a sin offering unless there is a law. (1 John 3:4) In verse 7, we also see God speak to Cain about sin lying at the door. The Bible also says where there is no law there is no transgression (Romans 4:15) so the Commandments although not yet codified had to exist from the very beginning or Cain could also not have been guilty of murder. See also Genesis 26:5. Besides the Seventh day being called the Sabbath in the Hebrew in Genesis 2:3, God also said the Sabbath "is a sign between me and the children of Israel for ever" because "in six days the LORD made heaven and earth, and on the seventh day he rested, and was refreshed." Exodus 31:17. Here God further confirms that the Sabbath existed from the beginning when it was added as the Seventh day of the week at creation. For even more proof, we also know that the Sabbath existed back in Genesis chapter 11. In over 105 languages in the world where the Sabbath has not taken on the Pagan name Saturday, it is still called the Sabbath in each of these languages as it was named at creation. This proves that when these 105 languages originated at Babel in Genesis 11, Saturday was recognized as the Sabbath day and was incorporated into the very name of the day. Since the Sabbath was sanctified and made Holy before sin at creation and the Sabbath is one of the Ten Commandments which is also seen being kept before the giving of the Commandments, it had to be kept by Adam and Eve.

It was also kept by Abraham, it was kept in the exodus from Egypt before the Ten Commandments were given when God tested His children to see if they would keep THE Seventh day as per the Commandment. It was kept by the Jews, it was kept by Jesus, it was kept by Paul, it was kept by the Apostles, it was kept by the early Church by both Jews and Gentiles, and this is also verified by Jesus who showed it would be kept in 70 AD when the temple was destroyed. History also further proves this by the fact that reliable unbiased history sources show that it was still being kept until around 90-120 AD where some Christians first changed to Sunday to avoid persecution for Judaism. History shows that the final part of the day change began with Constantine in 321 AD in favour of sun worship, and was made law by the Catholic Church around 363-364 AD. The Sabbath was almost murdered out of existence through the dark ages when the Roman Catholic Church ruled as Church and state for those terrible 1260 dark years, and Revelation 12:17 speaks of a remnant of God's original Church that would arise after these dark ages that Satan would hate and make war with because it would start keeping all of the Ten Commandments of God once again. To finish this all off, God showed Isaiah that we will still be keeping the Sabbath in the new Heaven and the New Earth. Here is the Sabbath being kept from creation beginning and throughout all eternity. The Sabbath is eternal as the other nine.

We should desire the Sabbath truth

Would it surprise you to know that Jesus never once even mentioned the first day of the week? As Christians, we should always be seeking after the truth, as Jesus is the truth. If we really love Jesus

with all our heart, soul and might, we will always strive to find what the truth is at absolutely any cost.

However, with so many people saying so many different things, how can we possibly know what the truth really is? There is only one guaranteed way, and that is the inspired Word of God – The Holy Bible. The Bible is and should always be our final authority and not the advice of our Pastor or our most trusted friend. If we can find unbiased information on man's knowledge of History on the Seventh day Sabbath, that can also be used to help us determine the truth but ultimately, we need to go by the Word of God.

The intention of this web site was not to cover all the excuses and truth about the Sabbath but to point you to a choice of sites that will help you find more on what the truth really is. In the top left column and at the bottom of this page, you will find links to many good web sites, not only on the Sabbath, but also on other topics that relate to the Sabbath day such as the ceremonial law and the Ten Commandments. For all the facts on the Sabbath, please read Sabbath and Antichrist truth and who is the real Antichrist for the Biblical and historical truth on Antichrist. For real eye-opening information that reveals that sun worship started with Satan worship, see the history of Sun-Day worship and how it entered the Church.



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